

KNOW WHERE TO GO FOR SUBSTANCE USE OR ADDICTION HELP

24-HOUR ASSISTANCE

- **For all life threatening emergencies call 911 or go to nearest Emergency Department**
- **Wyoming County Crisis Line** (585) 283-5200 press 2
- **Genesee/Orleans: Care+ Crisis Helpline** (585) 283-5200
- **NYS HOPELine:** 1-877-8-HOPENY (1-877-846-7369) or text 467369 24/7 free, confidential help & hope for alcoholism, drug abuse & problem gambling.
- **National Suicide & Crisis Lifeline:** Call or Text 988
- **Open Access Center (Delphi Rise)** (available 24/7): 72 Hinckley Ave, Rochester (585) 627-1777: will assess individuals level of need and will help to link to needed service (detox, inpatient, etc.)

WITHDRAWAL &

STABILIZATION SERVICES (DETOX): Medical and clinical staff are on-site 24/7 to assist patients in managing their withdrawal symptoms within a medically structured setting, providing a safe place to begin the recovery process.

OUTPATIENT SERVICES:

treatment services for individuals who suffer from substance use disorders and their family. Treatment includes group and individual counseling; relapse prevention, risk assessment, and Medication-Assisted Treatment (MAT). Services are provided according to an individualized assessment and treatment plan.

- **UConnectCare Detox Center:** 424 East Main St., Batavia (585) 343-8330
- **ECMC:** 462 Grider St, Buffalo (716) 898-3471
- **Terrace House/Horizon Health Services:** 291 Elm St, Buffalo (716) 854-2444
- **New Focus at Highland Hospital:** 1000 South Ave, Rochester (for patients in need of alcohol detox) (585) 341-6424
- **Pathways of Helio Health Inpatient Rehab Center:** 1850 Brighton Henrietta Townline Rd, Rochester NY 14623 (585) 287-5622
- **Hope Haven-UMMC:** 16 Bank St., Batavia (inpatient rehabilitation) (585) 723-7366

HARM REDUCTION:

saves lives and decreases potential harms associated with substance use

• If you or a loved one are in need of naloxone or would like to attend a naloxone training, need free fentanyl or xylazine test strips or Deterra medication disposal bags please contact:

- **Wyoming County Department of Health (585) 786-8890**
- **Wyoming County Mental Health Department (585) 786-8871**
- **Spectrum Human Services (585) 786-0220**
- **MATTERS Vending Machine** located behind 27 W. Buffalo St., Warsaw

• “NEVER USE ALONE” 1-800-484-3731 <https://neverusealone.com>

SELF-HELP & RECOVERY SERVICES:

There are many paths of recovery. Self-help or recovery support groups play a vital role in substance abuse treatment and research has shown that active involvement in support groups significantly improves the likelihood of maintaining sobriety.

- **The Recovery Station:** www.uconnectcare.org/the-recovery-station/
- **SMART Recovery:** <https://www.smartrecovery.org>
- **Narcotics Anonymous:** find meetings at <https://www.na.org/meetingsearch/>
- **Alcoholics Anonymous:** find meetings at <https://livingstonareaintergroup.org/>
- **Heroin Anonymous:** find meetings at <http://heroinanonymous.org/meetings/>
- **Celebrate Recovery:** <https://www.celebraterecovery.com/index.php>
- **Save the Michaels:** www.savethemichaels.org (716) 984-8375

KNOW WHERE TO GO FOR MENTAL HEALTH HELP

CRISIS SERVICES: A mental health crisis is any situation in which a person's behavior puts them at risk of hurting themselves or others and/or prevents them from being able to care for themselves or function effectively in the community.

- **For all life threatening emergencies call 911 or go to nearest Emergency Department**
- **Wyoming County Crisis Line** (585) 283-5200 press 2
- **National Suicide & Crisis Lifeline:** Call or Text **988**
- **Veteran's 24-Hour Crisis Hotline:** **988, Press 1 or text 838255**
- **RESTORE Sexual Assault Services:** free, confidential services to survivors of sexual assault & domestic violence (585) 546-2777
- **MIT - Mobile Integration Team:** mental health crisis team for those 18 & older, M – F 8 am – 5 pm (585) 241-1812, **press 2**

INPATIENT SERVICES:

Medical and clinical staff are on-site 24/7 to assist patients in managing their mental health symptoms within a medically structured setting; can be voluntary or involuntary services.

- **Wyoming County Community Hospital:** 400 N. Main St., Warsaw (585) 786-2233 Adult Psychiatric Inpatient Unit
- **ECMC:** 462 Grider St, Buffalo (716) 898-3471 Adult, Adolescent and Geriatric Psychiatric Inpatient Units
- **Strong URMC:** 601 Elmwood Ave., Rochester, NY 14642 (585) 275-2100 Adult, Child & Adolescent Psychiatric Inpatient Units

OUTPATIENT SERVICES:

treatment services for individuals who are experiencing mental health challenges. Treatment can include individual counseling, groups, peer services and medication management. Services are provided according to an individualized assessment and treatment plan.

- **Spectrum Health Certified Community Behavioral Health Clinic:** 34 N. Main St., Warsaw (585) 786-0220
- **Clarity Wellness Community:** 39 Duncan St., Warsaw (585) 786-0190
- **Genesee County Mental Health Clinic:** 5130 East Main St. Rd., Suite 2, Batavia (585) 344-1421
- **Livingston County Mental Health Clinic:** 4600 Millennium Dr., Geneseo (585) 243-7250

REFERRAL & LINKAGE:

provides assistance in identifying and accessing resources to meet basic needs and in securing community-based support services

- **Health Home Care Management:** Enhanced Care Coordination, 58 W. Buffalo St, Warsaw (585) **786-0220** Make a Referral (hhuny.org)
- **Wyoming County Mental Health Department:** Adult & Child Single Point of Access (SPOA) which facilitates linkage to housing and specialized services, Assisted Outpatient Treatment (AOT) (585) **786-8871**

PEER SERVICES & SELF-

CARE play a vital role in maintaining your mental health and can help support your treatment and recovery if you have a mental illness. Self-care means **taking the time to do things that help you live well and improve both your physical health and mental health.**

- **Peers Together of Wyoming County**, 27 W. Buffalo St., Warsaw, NY 14569, (585) 786-0773, Social Club, Thrift Store, Advocacy, Support Groups, Transportation Program, **Peer Support Line:** M–F 10 am to 2 pm (585) **786-0080**
- **Dwyer Veteran's Peer to Peer Program**, 36 Center St., Suite B-2, Warsaw, NY 14569, (585) 786-8860, peer activities/events for veterans
- **GLOW Family Support Program** provides emotional support & advocacy to families of children with emotional/behavioral/social disabilities. Participation is voluntary & services are free. Call the Family Advocate at (585) **405-3183**
- **NAMI Buffalo & WNY** namibuffalony.org
- **CredibleMind** well-being resources <https://wyomingcountyny.crediblemind.com/>